



TRIAD **YOGA & PILATES**

	3 Hours		3 Hours		5 Hours		6 Hours
	Monday		Thursdays		Saturdays		Sundays
	7pm - 10pm		7pm - 10pm		2pm - 7pm		12 Noon - 6pm
					8		9
June	10		13		15		15
	17		20		22		22
	24		27		29		29
	1		3		6		7
	8		10		13		14
July	15		17		20		21
	22		24		27		28
	29		31				
					3		4
	5		7		10		11
August	12		14		17		18
	19		21		24		25
	26		28		31		